ZOOM Meeting Etiquette:

- Please **"Mute" yourself** to reduce background noise...it will show as a diagonal line through the microphone icon.
- During the social time, click on **View - Gallery** to see everyone who has their video camera turned on, and unmute yourself if you would like to chat/socialize.
- The Zoom host will mute everyone when the Qigong session begins.
- Click on **View - Speaker** to see the instructor close-up during the class.
- If you want to talk/ be noticed - HAND UP or WAVE!
- Use the CHAT tool to type messages to everyone in the session, or to individuals (select names from the drop-down menu).

