

FLC Seniors Club - Qigong Club Registration

Last Name: _____ First Name: _____

Phone Number: _____

Email Address: _____

FLC Seniors Club Membership Number: _____

1. For each class, EACH person must submit one completed form + one cheque with class day and time written on the front.

2. Circle the session you are attending. Fall Winter Spring

3. Check the day and time of the class for which you are registering.

Check	Day	Level	Start Time	Class Representative
	Tuesday	1	9:30 am	Karen Marks
	Tuesday	1	10:45 am	Ann-Louise Van Buuren
	Wednesday	2	9:30 am	Nancy Prior
	Wednesday	1	10:45 am	Janet Andersen
	Thursday	1	11:00 am	Diane Cleveland
	Thursday	1	12:15 am	Marlene Nelson

4. Post-date the cheque to the first day of your first class, as posted in the website.

Please make your check payable to: _____ Cheque # _____

FLC Seniors Club – Qigong

Total Amount: \$ _____

Qigong Club Guidelines:

- You must have a valid **current** FLC Seniors Club membership to participate in Qigong.
- Make-up classes: If you signed up for a class, you signed up for the whole session. Missed classes can be made up **ONLY** during the session for which you paid.
- Be aware of the maximum number of participants per room: Seniors Lounge = 23, Studio =15, Multipurpose room = 30. Check that there is room for you to make up a class.
- Submitting this form constitutes permission to appear in class photos which may be posted on the FLC Seniors/Qigong web page.

Give the form and the payment to the Class Representatives or the Qigong Club Coordinator.

If not possible, or if you are a new member, mail or hand deliver to:

FLC Seniors Club – Qigong

Trico Centre Office, 2nd Floor (access via the stairs near the main door)

11150 Bonaventure Drive SE,

Calgary, AB T2J 6R9