

FLC Seniors Club Old Spokes Cycling Club

WAIVER AND INDEMNITY AGREEMENT

FLC Seniors Old Spokes Cycling Club (the "Club") requires, as a condition of membership, that all members sign this Waiver and Indemnity Agreement ("Waiver") annually. Once signed, this Waiver will replace any waiver previously provided by that member to the Club. **Signing this Waiver will act to limit your rights so please read this document carefully before you sign.**

As a member of the Club I agree as follows:

I acknowledge and agree that the Club offers all its activities on the understanding that they are a common adventure, that all members conduct themselves independently, make their own judgments about their safety, and contribute what they can to the success of any activity in which they participate. Neither the officers nor any of the members of the Club, including activity organizers and leaders, are professionals. They act only in regard to initiating, organizing and making basic arrangements for the Club's activities.

I agree to ensure I have the necessary equipment, skills, health and level of fitness to take part safely in any Club activity in which I participate. I also agree to exercise common sense while participating in Club activities.

I recognize that financial loss, physical injury or even death are conceivable consequences of participation in Club activities. I agree to be the sole and final judge of my ability to participate safely in the Club's activities and to assess, assume and accept all of the potential risks, dangers and hazards (including the possibility of personal injury, death, property damage or loss) that may arise as a consequence of my participation in the Club's activities.

I agree that if I experience an injury or illness while participating in a Club activity, either or both the Club and any of its members may apply for or seek medical aid on my behalf, where such injury or illness may so require. I further agree to be financially responsible for that aid.

While I am participating in a Club activity, if either or both the Club and any of its members have reasonable cause to believe I am in need of the assistance of search or rescue operations, or both of them, I agree they may request such operations on my behalf and I further agree to be financially responsible for any costs associated with such operations.

I agree to hold harmless and indemnify the Club, its officers, members and functionaries (including but not limited to organizers and leaders) from any and all liability for property damage, personal injury or death suffered by me and from any and all costs associated with any medical aid, search operations, or rescue operations conducted on my behalf that may arise in relation to my participation in Club activities.

This Waiver shall be binding on me, my heirs, executors and administrators.

I confirm that I have read and understood this Waiver prior to signing. **Please sign before a Witness.**

Print Full Name of Member

Signature of Member

Date Signed

Print Name of Witness

Signature of Witness

Date Signed