

## FLC Seniors Club ACTIVITIES

Bridge  
Brushstrokes  
Bus Tours  
Calligraphy  
Camera Club  
Casino  
Coffee Group  
Cribbage  
Curling  
Cycling  
Golf  
Line Dancing  
Mahjong  
Outdoor Club  
Qigong  
Social  
Stage West Theatre  
Tai Chi  
Theatre Calgary  
Tile Rummy  
Trico Centre Drop-In Classes  
Vertigo Theatre  
Whist  
Workshop Theatre  
Yoga

# FLC Seniors Club



***Join your fellow seniors...participate  
...have fun...be healthier and happier.***

**The FLC Seniors Club is a non profit organization established in 1983, and is now the largest seniors club of its kind in Canada.**

**Our goal is to enhance the positive qualities of our membership and create an environment which encourages seniors to continue to be active, respected and vital members of their community.**

- Membership is available to all seniors over the age of 55
- The club is 100% operated by volunteers
- We have 30+ activities for seniors
- Affordable pricing is maintained for our activities
- The social aspect is an important part of all our functions
- We strive to accommodate the physical, mental, and social needs of our membership

**For Information & Full Details  
on our programs and activities -**

**visit the Website at [www.flcseniors.ca](http://www.flcseniors.ca)**

# **FLC Seniors Club** **MEMBERSHIP INFORMATION**

Membership is open to all seniors age 55+ (spouses 50+) in or around Calgary.

*Annual FLC Seniors Club Membership cost is \$10.00 / year.  
Valid September 1st to August 31st of the following year.  
(A Trico Centre Membership is not required)*

**FLC Seniors Club Memberships,**  
(new and renewals) may be obtained at:  
Trico Centre  
11150 Bonaventure Dr. SE Calgary, AB T2J 6R9  
Guest Services Desk - Lower Level

***Visit the FLC Seniors Club Website at***  
**[www.flcseniors.ca](http://www.flcseniors.ca)**  
***for more information about membership,  
newsletters, events, and activities.***

ACTIVITIES are listed (Left Side) on the FLC Seniors Club Web Page and may be accessed for your area of interest.

Each FLC Seniors Activity Web Page displays information: Location, Date and Time, Fees (if applicable), and includes Coordinator names, phone number, and e-mail link to communicate directly.