

Curling with a Delivery Stick - Instructions

Since there is limited published information about this method of Delivery this basic lesson format has been developed and has been used very successfully with all levels of Curlers.

Adapt as you see fit.

- First and very important, wear a non-slip gripper or shoe on both feet
- Your position in the hack is the same as regular delivery but standing, ie. Right hander in left hack and left hander in right hack. (in accordance with CCA rules)
- Place the curling stick on the handle of the stone; remember here that the stick is simply an extension of the arm.
- It is very important to always keep the stick directly in a line from your eyes down the handle over the stone and pointing directly at the skips broom, to do this you must have the handle in the center of your body and in doing this your eyes, delivery stick and the stone are all in a line pointing directly at the skips broom and you will now walk down that imaginary line to your release point near the Hog line.
- During the delivery you should be moving forward at an appropriate speed to deliver the stone with the speed (or weight) that the skip has requested and always directly down that imaginary line to the brush.
- Remember to release the stone as near as possible to the hog line without violating the hog line rule. (The stone must leave the curling stick before the stone touches the hog line as per the CCA Rules.)
- For an in-turn, keep the handle of the stone at the 11:00 o'clock position until you get to approx. 4 feet from the point in which you want to release the stone, then slowly turn the handle of the stone back to the 12:00 o'clock position, it is important to never turn the handle past the 12:00 o'clock position at the point of release.
- For an out turn keep the handle of the stone at the 1:00 o'clock position until you get approx.. 4 feet from the point where you want to release the stone. Then slowly turn the handle of the stone back to the 12:00 o'clock position. Again it is very important to never turn the handle past the 12:00 o'clock position as you may pull the turn off of the stone at release. *Note ;if you experience a no handle or even the wrong turn after delivery you should check this function of your delivery.*
- *The speed of the rock is important and is measured in your mind by how quickly you must walk to the point of delivery for A, a draw or B, a takeout. This is an important part of the delivery process and to get consistent is proportional to the amount of practice you put into it.*

Use of the stick and this delivery method has brought a lot of curlers back to the game as well it has extended the time existing curlers could continue to play this wonderful game. If this helps you stay in the game it is only a minor adjustment for a fulfilling experience.

Good luck and good Curling

Some curlers have asked as to where you can buy the proper equipment.

"The Curlers Corner" is located in the Calgary Curling Club.

Phone # 403-270-0220

Hours are - Mon to Fri 10 am to 9 pm

Sat - 10am to 5 pm

Sun - 12pm to 4pm

They will have an excellent selection of all your curling needs and are competitive in their pricing.