

ACKNOWLEDGEMENT AND CONSENT

Effective June 21, 2020

The FLC Seniors Club (the "Club") requires, as a condition of membership, that all members provide their acknowledgement and agreement as follows:

1. I acknowledge that participation in Club activities may involve exposure to potential dangers, risks and hazards including, but not limited to, physical injury, financial loss and/or property damage or loss and I agree that I will be solely responsible for any personal injury, loss, damage or resulting financial cost or expense that may be incurred during my participation in Club activities.
2. I acknowledge and agree that my participation in Club activities is entirely at my own risk and the Club, its members and/or its activity coordinators will not be responsible for assessing my fitness or ability to safely engage or participate in certain Club activities or programs.
3. I acknowledge and agree that I am responsible for ensuring that I have the necessary equipment, skills, health and level of fitness to safely take part in those Club activities in which I may choose to engage or participate and further agree that I will exercise a reasonable level of common sense while participating in any Club activities which I choose to engage or participate in.
4. I further acknowledge and agree that if I experience an injury or illness, or for any other reason require assistance while participating in a Club activity, the Club and/or any of its members may seek medical aid or any other assistance as may reasonably be required on my behalf and I agree that I will be responsible for all cost and expense associated with the admission of such aid or assistance.

As a condition of membership, I, as a member of the FLC Seniors Club, agree that I have read, understood and voluntarily consented to the above.