

FLC SENIORS CLUB
Operating out of the Trico Centre
www.flcseniors.ca

Summer

Newsletter 2012
Published May 2012



FLC Seniors Club members are invited to our Annual Summer BBQ
Saturday June 2, 2012
Horton Road Legion – 9202 Horton Road SW (Indoors)
Cocktails: 5:00 pm – 6:00 pm
Dinner: 6:15 PM (Steak Dinner and all the trimmings)
Cost: \$20.00 pr person
Cash Bar – Dance to follow

To reserve your tickets in advance send an email to social@flcseniors.ca. Indicate your name, membership number and how you would like your steak cooked, medium rare, medium, or well done.

Tickets can be purchased or picked up at the Trico Centre by the FLC Seniors Lounge Entrance on Saturday May 26th, 2012 from 10:00am to 12:00 PM.

For further information contact Rick Babcock 403-271-1639 or email social@flcseniors.ca

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Letter from your FLC Seniors Council and Board;

As you will see we have made changes to our Quarterly Newsletter.

At our last Council meeting, changes to our newsletter and website were reviewed and a decision made to change our approach for the newsletter. In the past, we have issued a comprehensive document which allowed club members to keep up to date with our activities and our contacts. As with most such documents it was only current on the date of issue. We mail this document to approximately 70 members who have requested this service due to personal circumstances. Many of our members choose to pick up the newsletter at the Trico Centre and we will continue to support this option. The primary way of distributing our newsletter is by email. We send out notifications to approximately 900 email addresses, with a link to the website and the newsletter. For new members a copy of the most current edition can be obtained at Guest Services.

In addition to the newsletter we maintain and operate our website at <http://www.flcseniors.ca> . With this tool we are able to keep information current for all activities. It is widely used, with over 28,000 visits per year.

The question before the council was; how do we move forward with these two important communication tools?

We are working to update the website to a current set of support tools and give greater access to our activity groups to keep it up to date. For the quarterly newsletter, several options were considered. It was felt we needed to continue to publish a comprehensive activity document, at least annually, with a much reduced quarterly letter.

On this basis, we will publish an annual program guide for all of our activities. It will be available at registration time. In addition to this we will publish a reformatted quarterly newsletter. This will include a listing of important dates for the quarter, operating calendar for the quarter and updated contact list for all activities.

We recognize this is an important change in our approach to communications and look forward to your understanding, support and feedback.

On behalf of the Program Coodinators Council and FLC Board

Rick Babcock – FLC Club President

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Club News & Events

Theatre Calgary – We would like to extend a special thanks to **John Buyschaert** for all his hard work in organizing our Theatre Calgary program. The program provides our members with the opportunity to purchase Theatre Calgary tickets for a special Saturday senior's matinee and a pre-show reception reserved just for us seniors. The tickets are block booked at a discount rate giving our seniors the best theatre deal in town. The theatre season ended last month with the musical "CATS" With the show we broke our attendance record for the program with 200 tickets sold.

John says "I do enjoy being the coordinator for Theatre Calgary Seniors Matinee". John started this program with 50 members attending a show. Now with 200, he needs help with ticket distribution. If you love theatre and can volunteer 4 hour before each of the Theatre Calgary plays, please contact John Buyschaert.

Yoga – Ollie Griffith advises that there are now 5 beginner yoga classes, and 3 intermediate classes. They may be adding another class in the fall, depending on demand and space availability.

Out-of-town Bus Trips – Each year the Outdoor group has organized out-of-town bus trips that are open to all members. The outdoor group has carried out this activity very successfully for a number of years. We extend a special thanks to Outdoor Club for the work they have put into these trips as well their efforts on other activities they do for the club.

Among the trips is the highly attended Rosebud theatre trip. This year's presentation is Anne of Greene Gables on June 20th.

The Outdoor group has grown and with its own increasing support requirements has concluded they will not be able to manage these trips after this season. These trips are greatly enjoyed, especially by our older members. ***In order to continue these trips, especially the popular Rosebud theatre trip, this activity will need a program coordinator.*** If you can volunteer, or know of someone who can fill this role, please contact an FLC Board member.

Website – The Club is working on a new web page design to make the web page more attractive and user friendly. And also keep up with advancing technology. We expect the new web design to be online by July. Check it out when it comes on line and give us your comments.

Last month we had close to 2000 visits on our web site with 5000 pages viewed. 26% of the visits are new visitors. We would like to thank Lowell Frank for the work he has done keeping the information on our web pages current and for his liaison work with the new web design.

Current Activities – Attached is a summary of our current Operating Calendar and upcoming events for the summer season. As well we have included a listing of contacts for activities and the board of the FLC Club.

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FLC SENIORS OPERATING CALENDAR

Updated: May 10, 2012

Summer 2012

June July August 2012

	MON	TUE	WED	THR	FRI
Seniors Lounge # 1 & 2 Trico Centre	DWW Coffee Gr. 8:00 - 10:00 AM		DWW Coffee Gr. 8:00 - 10:00 AM		DWW Coffee Gr. 8:00 - 10:00 AM
		Cribbage 12:30 - 4:00 PM		Bridge 12:30 - 4:00 PM	Whist 12:30 - 4:00 PM
	MON	TUE	WED	THR	FRI
Outdoor Activities		Cycling Start 10:00 AM	Cycling Start 10:00 AM		
	Golf Maple Ridge Tee Off Times 8:00 - 10:00 AM	Golf Heather Glen Tee off times 9:00 - 10:00 AM	Golf Douglasdale Tee off time 9:00 - 11:00 AM	Golf Golf Canada Calgary Centre Shotgun start: 9:00 AM	
			Outdoor Club Weekly Walks Start 10:00 AM Call contact for location	Outdoor Club Bird Watchers start: 8:00 AM Southcentre Parking lot	

Don't Forget These Important Dates

- Sat. June 2 Annual Summer BBQ, Horton Road Legion -- See Flyer for details
- Wed. June 20 Rosebud Theatre Bus Trip -- Anne of Green Gables -- Call Sally 278-3898 for tickets
- Fri. July 6 Annual Stampede Golf Tournament - Douglasdale -- book at FLC Website
- Wed. July 18 Huterite Colony Pincher Creek Bus Trip-- Call Sally 278-3898 for tickets on May 25th after 9:30 AM
- Wed. July 18 Stage West – The Marvelous Wonderettes – Tickets Sales - at Trico June 15th 11:30 to 1:30
- We. August 15 Bar U Ranch and Chain Lakes Bus Trip
- Sat. Aug. 18 Annual FLC Senior Membership & Activity Registration, Trico Centre 10:00 AM to 2:00 PM
- Tues. Sept. 4 Annual 9 hole Golf Tournament -- Heather Glen -- book at FLC website
- Sat. Sept. 8 Annual Golf Wind up event -- Acadia Rec. Centre
- Wed. Sept. 19 Kannanaskis Upper Lake and/or village Bus Trip
- Sat. Sept. 22 Annual General Meeting, Acadia Rec. Centre -- See Flyer for details.

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Activity Coordinator's Contact List

Activity	Coordinators	Phone number
Bridge - Tuesday evening (Duplicate)	Verouj Arslanian	403-255-1018
Bridge - Lessons (Wed evenings)	Lynn Lester-Lee	403-271-9440
Bridge - Thursday afternoon (Drop-In)	Neil Ferguson	403-254-4740
Bridge - Thursday evening (Drop-In)	Noreen Avey	403-271-4004
Brushstrokes	Rod Helm	403-238-9443
Calligraphy	Connie Houlden	403-271-4103
Casino	Bob Watterberg	403-271-2686
Coffee Group	Roxy Thomson	403-271-1671
Cribbage	Roy & Jean Berg	403-248-8220
Curling	Al Brissette	403-271-1903
Cycling	Murray Karn	403-236-8837
55+ Aqua Fitness Coffee Time	Bill Atchison	403-278-9300
Gentle Fitness & 55+ Coffee Time	Bob Watterburg	403-271-2686
Golf	Glen Newberry	403-278-0643
Line Dancing	Dean & Ann Nuell	403-238-7888
Club Membership	Mary Phelan	403-271-8389
Outdoor Club - General Information	Mary Checkley	403-271-1193
Bird Watching	Deanna Jullyan	403-254-1229
Snowshoeing	Pauline Schaus	403-271-7177
Fast & Intermediate Walkers	Marilyn Patterson	403-726-0881
Easy Walkers	Marion Halpen	403-271-3718
	Jo Harvery	403-271-4089
Stage West Theatre	Sandie Tomlinson	Email: stagewest@flcseniors.ca
Tai Chi	Christel Presley	403-271-1289
Theatre Calgary	John Buysschaert	403-271-0622
Vertigo Theatre	Lynn Lester-Lee	403-271-9440
Whist	Donnalee Lamson	403-281-6134
Workshop Theatre	Camella Dunbar	403-251-1690
Yoga	Ollie Griffith	403-271-4782

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FLC Seniors Club Annual Membership Registration



Saturday August 18, 2012
10:00 AM – 2:00 PM

Trico Centre (Home of the FLC Seniors) – FLC Seniors Lounge
11150 Bonaventure Drive SE



2011-2012 FLC Seniors Club Board of Directors

President	Rick Babcock	403-271-1639	Social	Open	
Past President	Hugh Phelan	413-271-8389	Newsletter	Open	
Secretary	Camella Dunbar	403-251-1690	Casino	Al Brissette	403-271-1903
Treasurer	Linda Hughes	403-278-3669	Committees	Ron Antonchuk	403-203-1772
Room Bookings	Maureen Bracken	403-271-2796	Director	Alec Carr	403-256-7593